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Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome Gambling Addiction And Problem Gambling Forever (Overcome ... Sports Gambling, Fantasy Sports, Poker)



How To Finally Overcome Gambling Addiction And Problem Gambling Forever





## Synopsis

Explore And Discover How To Overcome Problem Gambling For Lifea<sup>^</sup>... a<sup>^</sup>...PLEASE NOTE: You DON'T need a Kindle to buy this. Available for immediate reading with your virtual cloud reader. a<sup>^</sup>... a<sup>^</sup>...Youa<sup>™</sup>re about to unlock a proven strategy on gambling addiction recovery and how to overcome gambling and problem gambling forever. Hundreds of thousands of people struggle with gambling addiction in their everyday lives, yet they aren't able to overcome this addiction. These people are unable to start the process of gambling addiction recovery and it begins to destroy their life and the lives of their families. If you have not been able to overcome gambling addiction and problem gambling, it's because you are without an efficient method and haven't yet changed your deadly associations to gambling addiction. This book goes into a step-by-step method that will help you start gambling addiction recovery immediately. You will finally be able to overcome gambling and problem gambling and change your life positively forever. What are you waiting for? If you are still struggling with gambling addiction, this could transform your life. It's time to start taking action and living your life how you want to! By downloading this book, you will not only do yourself a major favor, but those in your life as well. You not only affect yourself, but everyone around you with your addiction. Take action and solve your gambling addiction today, becoming free from its tumultuous restrain forever. Here Is A Preview Of What You'll Learn... How To Recognize The Problem How To Understand The ProblemHow To Find The Right Treatment Options And Make A CommitmentHow To Change Your Lifestyle, Choose Healthy Alternatives, And Stay In The Path Toward RecoveryTake action right now to start the path toward gambling addiction recovery today by downloading this book, "Gambling Addiction", for a limited time discount of only \$2.99!

## **Book Information**

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## **Customer Reviews**

I was a compulsive gambler and did not know how to get over this habit. This book came as a boon for me as I finally realized that I was afflicted by a mental disorder. Bradley Chiappini has described in detail methods of self help for gambling addicts that proved to be very effective in my case. This book is certainly very useful for gamblers unable to overcome their addiction.

As a compulsive gambler on sports I realized what my issues were after reading this book. I never realized how stress could play a significant role in my life and alter my behavior. With my stressful personal life and work taking over my schedule I was looking for alternative ways to find satisfaction. Thanks to the book I now made significant changes in my life and was able to pinpoint my gambling issues. I was able to seek help and I recommend this book to anyone that has a gambling problem.

I grew up and watched my father battle with gambling for years. It has been a very hard situation and eventually he lost everything. This book i have invested in because it my light of hope for my father. I really never understood why people because so addicted however this book has thought me so much. Everything you never really understand is in this book. I am happy i took the opportunity to read. Must recommend.

Many people are into a game of luck through betting but getting yourself too involved that it can ruin one's life is not nice anymore. This book gets you to know if gambling is just a mere pastime or an addiction already. Has sound advice on how to overcome addiction and get your life's direction be back on track. Good book!

A useful guide for gambling addicts because it teaches how to recognize your problem and why it is there. Explains what treatment options you can find and motivates you to commit to recovery. Helps you to change your lifestyle, choose healthy alternatives and keeps you on the path to recovery. A very informative guide. Gambling addiction hinges on many of the psychological and behavioral processes of other addictions. There are many practical applications for treatment, as well as clear explanations of causality in this book. As well as giving me great tips to help me recover. This book helped me overcome my habit. I couldn't have conquered this addiction without this book. Gambling addiction impacts the whole family...and recovery does as well. I wholeheartedly recommend this book not only for gambling addicts seeking or in recovery, but as a "must read" for spouses and family members of the gambling addict. if you have a loved one, close friend or relative that has a gambling problem you should read this book You will be able to have a firsthand look at the hidden devastation of problem gambling and how to cure it for good.

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